

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FIGHT 08:00-08:45 Dimangio	FIGHT - OLDSCHOOL ZAKTRAINING 07:00-08:00 Clyde	FIGHT 07:00-07:45 Clyde	FIGHT 07:00-07:45 Fabio	HEAVY SHIT - FIGHT & WEIGHTS 07:00-08:00 Virgil	FIGHT - OLDSCHOOL ZAKTRAINING 10:00-11:00 Dimangio	FIGHT - BEGINNERS TECHNIEK 10:00-11:00 Kris-Anne
FIGHT 09:00-09:45 Dimangio	FIGHT - OLDSCHOOL ZAKTRAINING 08:00-09:00 Clyde	FIGHT - OLDSCHOOL ZAKTRAINING 08:00-09:00 Clyde	FIGHT 08:00-08:45 Fabio	TRAIN STATIONS EXPRESS 07:-30-9:30 Eloise	TRAIN STATIONS 10:00-12:00 Victoire	FIGHT 11:00-11:45 Clyde
FIGHT 12:00-12:45 Malic	FIGHT 12:00-12:45 Virgil	FIGHT 12:00-12:45 Clyde	FIGHT 11:00-11:45 Malic	FIGHT - BEGINNERS TECHNIEK 08:00-09:00 Virgil	FIGHT - OLDSCHOOL ZAKTRAINING 11:00-12:00 Dimangio	FIGHT 12:00-12:45 Clyde
TRAIN STATIONS 17:15-19:45 Leah	TRAIN STATIONS 17:15-19:45 Victoire	TRAIN STATIONS EXPRESS 12:00-13:00 Eloise	FIGHT 12:00-12:45 Malic	FIGHT 11:00-11:45 Noach	FIGHT 12:00-12:45 Fabio	
FIGHT 18:00-18:45 Virgil	FIGHT 17:00- 17:45 Fabio	TRAIN STATIONS 17:15-19:45 Marc	TRAIN STATIONS 17:15-19:45 Nathalie	FIGHT 12:00-12:45 Noach	FIGHT 13:00-13:45 Fabio	
FIGHT 19:00-19:45 Virgil	FIGHT 18:00-18:45 Fabio	FIGHT 18:00-18:45 Fabio	FIGHT - BEGINNERS TECHNIEK 18:00-19:00 Kris-Anne	FIGHT 17:00-17:45 Noach		
OUTDOOR Kickboxing 19.00-20.00 Vahid	FIGHT 19:00-19:45 Leah	HEAVY SHIT - FIGHT & WEIGHTS 19:00-20:00 Virgil	FIGHT - OLDSCHOOL ZAKTRAINING 19:00-20:00 Steven	FIGHT 18:00-18:45 Noach		
FIGHT - BEGINNERS TECHNIEK 20:00-21:00 Virgil	FIGHT - BEGINNERS TECHNIEK 20:00-21:00 Leah	HEAVY SHIT - FIGHT & WEIGHTS 20:00-21:00 Virgil	FIGHT - OLDSCHOOL ZAKTRAINING 20:00-21:00 Dimangio			
PADSTRAINING 20:00-21:00 Vahid	SPARRING 20:00-21:00 Dimangio		SPARRING 20:00-21:00 Steven			